

# EFT BOOKS

## NOTES:

1. These books were originally published in English and many have been translated into various languages. Please see the EFT BOOKS — Non-English Publications document for information on EFT publications originally published in languages other than English.
2. This document contains live links, where available, to a website for more information or to purchase. Click on the title of the book or for translated versions, click anywhere in the information about that translated version.

## BOOKS:

### **Attachment Theory in Practice — Emotionally Focused Therapy (EFT) with Individuals, Couples and Families**

(2019) by Sue M. Johnson. New York, NY: Guilford Press.

**Danish** (2019) Forlaget Mindspace. LINK: [Click here](#).

**Dutch** (2020) Stichting EFT Nederland. LINK: [Click here](#).

*This book is in press in Chinese (complex), Chinese (simplified), Finnish, German, Greek, Italian, Korean, Romanian, Russian, Spanish, Swedish, and Turkish.*

### **The Practice of Emotionally Focused Couple Therapy: Creating Connection**

(3rd edition, 2019) by Sue M. Johnson. New York, NY: Routledge.

*This newer 2019 3rd edition has been translated into:*

**Spanish** (2020) Editorial Desclee de Brouwer S.A. (Desclee)

*And is in press in Chinese (simplified), German, Korean, and Italian.*

*The 2004, 2nd edition, has been translated into:*

**Chinese, complex** (2011) Living Psychology Publishers.

**Dutch** (2010) Stichting EFT Nederland. LINK: [Click here](#).

**Finnish** (2010) Psykologien Kustannus Oy. LINK: [Click here](#).

**German** (2009) Junfermann Verlag Publishers. LINK: [Click here](#).

**Hungarian** (2017) Oriold & Co Ltd.

**Italian** (2013) Istituto di Scienze Cognitive.

**Korean** — Hakjisa. LINK: [Click here](#).

**Romanian** (2018) Asociatia Alianta pentru Copil si Familie.

**Russian** (2013) Nauchniy Mir Publishing (Scientific World Publishing).

**Spanish** (2007) Brunner Routledge.

**Turkish** (2015) Utopya.

**Emotionally Focused Family Therapy (EFFT): Restoring Connection and Promotion Resilience** (2019) by James L. Furrow, Gail Palmer, Sue M. Johnson, George Faller, & Lisa Palmer-Olsen. New York, NY: Routledge.

*This book is in the process of being translated into Russian.*

**Stepping into Emotionally Focused Couple Therapy: Key Ingredients of Change** (2017) by Lorrie Brubacher. London, UK: Karnac Books.

*This book has been translated into:*

**Danish** (2018) Saxo. [LINK: Click here.](#)

**Dutch** (2019) Stichting EFT Nederland. [LINK: Click here.](#)

**Greek** (2020) Gutenberg. [LINK: Click here.](#)

**German** (2020) Vandenhoeck & Ruprecht Publishers. [LINK: Click here.](#)

**Korean** (2019) Hakjisa. [LINK: Click here.](#)

**Norwegian** (2019) Gyldendal. [LINK: Click here.](#)

**Created for Connection: The “Hold Me Tight” Guide for Christian Couples** (2016) by Sue M. Johnson & Kenneth Sanderfer. New York, NY: Little Brown.

*This book is in press in Chinese (complex), Dutch, Hungarian, Romanian and Taiwanese.*

**An Emotionally Focused Workbook for Couples: The Two of Us**

(2014) by Veronica Kallos-Lily and Jennifer Fitzgerald. New York, NY: Routledge.

*This book has been translated into:*

**Dutch** (2016) Stichting EFT Nederland. [LINK: Click here.](#)

**German** (2016) Junfermann Verlag. [LINK: Click here.](#)

**Korean** (2016) [LINK: Click here.](#)

**Polish** (2019) Wydawnictwo Uniwersytetu Jagiellonskiego. [LINK: Click here.](#)

*This book is also in press in Japanese and Hungarian.*

**Love Sense: The Revolutionary New Science of Romantic Relationships**

(2013) by Sue M. Johnson. New York, NY: Little Brown.

*This book has been translated into:*

**Dutch** (2014) Kosmos Uitgevers. [LINK: Click here.](#)

**Finnish** (2015) Hogrefe Psykologien Kustannus Oy. [LINK: Click here.](#)

**German** (2017) Verlagsgruppe Random House GmbH. [LINK: Click here.](#)

**Italian** (2014) ISC Editore. [LINK: Click here.](#)

**Korean** (2015) Sigongsa Co., Ltd. [LINK: Click here.](#)

**Slovenian** (2019) Zalozba Primus d.o.o. [LINK: Click here.](#)

**Taiwanese** [LINK: Click here.](#)

**Turkish** (2018) Utopya. [LINK: Click here.](#)

**UK** — published as ***The Love Secret*** (2014) London, UK: Piatkus. [LINK: Click here.](#)

*This book is also in press in Estonian, Greek, Polish, Romanian, and Russian.*

**The Emotionally Focused Casebook: New Directions in Treating Couples**

(2011) Edited by James Furrow, Brent Bradley, & Sue M. Johnson. New York, NY: Routledge.

*This book is in press in Russian.*

**Hold Me Tight: Seven Conversations for a Lifetime of Love**

(2008) by Sue M. Johnson. New York, NY: Little Brown.

*This book has been translated into:*

**Brazilian Portuguese** (2012) Jardim Dos Livros Livraria. LINK: [Click here](#).

**Chinese, complex** (2018) Post & Telecommunications Press. LINK: [Click here](#).

**Chinese, simplified** (2010) Wan Juan Publishing Company. LINK: [Click here](#).

**Czech** (2018) Portal. LINK: [Click here](#).

**Danish** (2014) Forlaget Mindspace. LINK: [Click here](#).

**Dutch** (2019) Kosmos Uitgevers. LINK: [Click here](#).

**Finnish** (2011) Psykologien Kustannus Oy. LINK: [Click here](#).

**French** (2013) Editions First - Grund. LINK: [Click here](#).

**German** (2019) Jundermann Verlag Publishers. LINK: [Click here](#).

**Greek** (2014) G. Dardanos - C. Dardanos OE. LINK: [Click here](#).

**Hungarian** (2011) Park Kiado. LINK: [Click here](#).

**Italian** (2012) Istituto di Scienze Cognitive. LINK: [Click here](#).

**Japanese** (2014) Kongo Shuppan. LINK: [Click here](#).

**Korean** (2010) Hakjisa. LINK: [Click here](#).

**Lithuanian** (2014) Tyto Alba.

**Norwegian** (2017) Pax Forlag A/S. LINK: [Click here](#).

**Polish** (2015) Instytut Psychologii Zdrowia PTP. LINK: [Click here](#).

**Portuguese** (2012) ISC International. LINK: [Click here](#).

**Romanian** — SC ACT SI Politon SRL. LINK: [Click here](#).

**Russian** (2017) Mann, Ivanov and Ferber. LINK: [Click here](#).

**Serbian** (2017) Laguna. LINK: [Click here](#).

**Slovenian** (2017) Zalozba Primus d.o.o. LINK: [Click here](#).

**Spanish** (2019) Alba Editorial. LINK: [Click here](#).

**Swedish** (2012) OrdGlob Förlag. LINK: [Click here](#).

**Taiwanese** (2009) Living Psychology Publishers. LINK: [Click here](#).

**Turkish** (2018) Utopya. LINK: [Click here](#).

**UK** (2011) Piatkus Books. LINK: [Click here](#).

*This book is also in press in Thai and Ukrainian.*

**Becoming an Emotionally Focused Couple Therapist: The Workbook**

(2005) by Sue M. Johnson, Brent Bradley, James Farrow, Alison Lee, Gail Palmer, Doug Tilley, & Scott Woolley. New York, NY: Routledge.

*This book is in press in Korean, Russian and Turkish.*

**Attachment Processes in Couple and Family Therapy**

(2003) Edited by Sue M. Johnson & Valerie Whiffen. New York, NY: Guilford.

*This book is in press in Portuguese.*

**Emotionally Focused Couple Therapy with Trauma Survivors: Strengthening Attachment Bonds** (2002) by Sue M. Johnson. New York, NY: Guilford.

*This book has been translated into:*

**Dutch** (2013) Stichting EFT Nederland. [LINK: Click here.](#)

*This book is also in press in Chinese (complex) and Italian.*

**The Heart of the Matter: Emotion in Marital Therapy**

(1994) Edited by Sue M. Johnson & Les Greenberg. New York, NY: Brunner/Mazel.

**FACILITATOR'S GUIDES:**

**Hold Me Tight®: A Facilitator's Guide to Small Groups**

(2009) by Sue M. Johnson. Ottawa, Canada: ICEEFT.

*This booklet/Guide has been translated into:*

**Chinese** (complex)

**German** (2016) ICEEFT.

**Hungarian** (2016)

**Swedish** (2016)

*This booklet/Guide is also in press in Danish, Farsi, French, Greek, Italian, Korean, Norwegian, Polish, Portuguese, Russian, Spanish, Turkish, and Ukrainian.*

**Created for Connection Facilitator's Guide for Small Groups**

(2017) by Sue M. Johnson & Kenneth Sanderfer. Ottawa, Canada: ICEEFT.

*This booklet/Guide is in press in Chinese (simplified), Hungarian, Portuguese and Spanish.*

**Hold Me Tight®/Let Me Go Facilitators' Guide for Small Groups**

(2017) by Nancy Aikin & Paul A. Aikin. Ottawa, Canada: ICEEFT.

*This booklet/Guide is in press in Chinese (simplified), Danish, Dutch, Farsi, German, Greek, Hungarian, Norwegian, Polish, and Spanish, with the slides also being translated in Hebrew.*

**Healing Hearts Together Facilitator's Guide for Small Groups**

(2018) by Heather Tulloch, Paul Greenman, Natasha Demidenko, & Sue M. Johnson. Ottawa, Canada: ICEEFT.

**Farsi** (2020)

*This booklet/Guide is in press in Dutch, Farsi, and Hungarian.*