

EFT Publications — Articles

1. [Bouchard, K., Greenman, P., Pipe, A., Johnson, S., & Tulloch, H. \(2019\)](#). "Reducing Caregiver Distress and Cardiovascular Risk: A Focus on Caregiver-Patient Relationship Quality." *Canadian Journal of Cardiology*, 35(10), 1409-1411.
2. [Lorrie L. Brubacher & Stephanie A. Wiebe \(2019\)](#). Process-research to Practice in Emotionally Focused Couple Therapy: A Map for Reflective Practice. *Journal of Family Psychotherapy*, 30(4), 292-313.
3. [Marjorie Nightingale, Christiana Ibilola Awosan & Katherine Stavrianopoulos \(2019\)](#). "Emotionally Focused Therapy: A Culturally Sensitive Approach for African American Heterosexual Couples." *Journal of Family Psychotherapy*, 30(3), 221-244.
4. [Morgis, B., Ewing, E., Liu, T., Slaughter-Acey, J., Fisher, K., & Jampol, R. \(2019\)](#). "A Hold Me Tight Workshop for Couple Attachment and Sexual Intimacy." *Contemporary Family Therapy*, 41(4), 368-383.
5. [Lafontaine, M.-F., Lonergan, M., Best, M., Greenman, P., & Johnson, S.M. \(2019\)](#). "Impasses fréquentes et leur résolution au sein de la thérapie de couple axée sur l'émotion / Frequent Impasses and Their Resolution Within Emotion-Based Couple Therapy." *Psychologie Québec*, June 2019.
6. [Slootmaeckers, J., & Migerode, L. \(2019\)](#). "EFT and Intimate Partner Violence: A Roadmap to De-escalating Violent Patterns." *Family Process*. Published online 25 June 2019. DOI: 10.1111/famp.12468.
7. [Johnson, S.M. \(2019\)](#). "Attachment in Action — Changing the face of 21st century couple therapy." *Current Opinion in Psychology*, 25, 101-104.
8. [Feeney, J., & Fitzgerald, J. \(2019\)](#). "Attachment, conflict and relationship quality: laboratory-based and clinical insights." *Current Opinion in Psychology*, 25, 127-131.
9. [Wittenborn, A.K., Liu, T., Ridenour, T.A., Lachmar, E.M., Rouleau, E., & Seedall, R.B. \(2019\)](#). "Randomized controlled trial of emotionally focused couple therapy compared to treatment as usual for depression: Outcomes and mechanisms of change." *Journal of Marital and Family Therapy*, 45, 395-409.
10. [Beasley, C.C., & Ager, R. \(2019\)](#). "Emotionally Focused Couples Therapy: A Systematic Review of its Effectiveness Over the past 19 Years." *Journal of Evidence-Based Social Work*, 16(2), 144-159.
11. [Almond, K., Allan, R. \(2019\)](#). "Incorporating MDMA as an Adjunct in Emotionally Focused Couples Therapy with Clients Impacted by Trauma or PTSD." *The Family Journal*, 27(3), 293-299.
12. [Kennedy, N.W., Johnson, S.M., Wiebe, S.A., Willett, J.B., & Tasca, G.A. \(2018\)](#). "Conversations for Connection: An Outcome Assessment of the *Hold-Me-Tight Relationship-Education Program* for Couples, and Recommendations for Improving Future Research Methodology in Relationship Education." *Journal of Marital and Family Therapy*, 45(3), 431-446.

13. [Wiebe, S.A., Elliott, C., Johnson, S.M., Burgess Moser, M., Dalglish, T.L., Lafontaine, M-F., & Tasca, G.A. \(2018\).](#) "Attachment Change in Emotionally Focused Couple Therapy and Sexual Satisfaction Outcomes in a Two-year Follow-up Study." *Journal of Couple and Relationship Therapy*, 18(1), 1-21. DOI: 10.1080/15332691.2018.1481799.
14. [Alder, M.C., Dyer, W.J., Sandberg, J.G., Davis, S.Y., & Holt-Lunstad, J. \(2018\).](#) "Emotionally-focused therapy and treatment as usual comparison groups in decreasing depression: A clinical pilot study." *The American Journal of Family Therapy*, 46(5), 541-555.
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16. [Slootmaeckers, J., & Migerode, L. \(2018\).](#) "Fighting for Connection: Patterns of Intimate Partner Violence." *Journal of Couple & Relationship Therapy*, 17(4), 294-312.
17. [Johnson, S.M., Simakhodskaya, Z., & Moran, M. \(2018\).](#) "Addressing Issues of Sexuality in Couples Therapy: Emotionally Focused Therapy Meets Sex Therapy." *Current Sexual Health Reports*, 10(2), 65-71.
18. [Bell, C.A., Denton, W.H., Martin, G., Coffey, A.D., Hanks, C.O., Cornwell, C.S., & Priest, J.B. \(2018\).](#) "Learning Emotionally Focused Couple Therapy: Four Clinicians' Perspectives." *Journal of Couple & Relationship Therapy*, 17(1), 61-78.
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20. [Fletcher, K., & MacIntosh, H. \(2018\).](#) "Emotionally Focused Therapy in the Context of Addictions: A Case Study." *The Family Journal: Counseling and Therapy for Couples and Families*, 26(3) 330-340.
21. [Marni L. Feuerman \(2018\).](#) "Therapeutic Presence in Emotionally Focused Couples Therapy." *Journal of Experiential Psychotherapy*, Vol. 21, No. 3 (83), 22-32.
22. [Negash, S., Carlson, S. H., & Linder, J. N. \(2018\).](#) "Emotionally focused therapy and eye movement desensitization and reprocessing: An integrated treatment to heal the trauma of infidelity." *Couple and Family Psychology: Research and Practice*, 7(3-4), 143-157.
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