

Publications by Dr. Sue Johnson

Books Authored:

1. **Johnson, S.M.** (Available for pre-order). Attachment Theory in Practice — Emotionally Focused Therapy (EFT) for Individuals, Couples and Families. New York, NY: Guilford Press.

2. Tulloch, H., Greenman, P., Demidenko, N., & Johnson, S. (2018). Healing Hearts Together Relationship Education Program Facilitator's Guide for Small Groups. Ottawa, Canada: ICEEFT.

This book is a guide for therapists in conducting the relationship enhancement program based on the original Hold Me Tight® Program by Dr. Sue Johnson, specifically adapted for cardiac patients, and includes a CD of in-class handouts, homework exercises, a jpg slide show and various appendices. The Healing Hearts Together program includes the books, Hold Me Tight and Healing Hearts Together Facilitator's Guide, along with the DVDs, Hold Me Tight®: Conversations for Connection and Creating Relationships that Last: A Conversation with Dr. Sue Johnson.

3. **Johnsons, S.M., & Sanderfer, K.** (2017). Created for Connection Facilitator's Guide for Small Groups. Ottawa, Canada: ICEEFT.

This book is a guide for therapists in conducting the relationship enhancement program based on the 2016 book, Created for Connection: The Hold Me Tight® Guide for Christian Couples, and includes a CD of in-class handouts, homework exercises, a jpg slide show and various appendices. The Created for Connection Program includes the books, Created for Connection and Created for Connection Facilitator's Guide, and the DVDs, Hold Me Tight®: Conversations for Connection and Creating Relationships that Last: A Conversation with Dr. Sue Johnson.

4. **Johnsons, S.M., & Sanderfer, K.** (2016). Created for Connection: The "Hold Me Tight" Guide for Christian Couples. New York, NY: Little Brown.

This book is currently in-press in Complex Chinese, Hungarian and Romanian.

5. **Johnson, S. M.** (2013). Love Sense: The Revolutionary New Science of Romantic Relationships. New York, NY: Little Brown.

This book is available in the UK as the Love Secret, has been translated into Dutch, Estonian, Finnish, German, Italian, Korean, Polish and Taiwanese, and is currently in-press in Chinese, Portuguese, Romanian and Turkish.

6. **Johnson, S. M.** (2009). Hold Me Tight® Relationship Education Program: Conversations for Connection - A Facilitator's Guide to Small Groups, Ottawa, Canada: ICEEFT.

This book is a guide for therapists in conducting relationship enhancement programs based on the 2008 book, Hold Me Tight. It is available as part of the program which includes the books, Hold Me Tight and A Facilitator's Guide, and the DVDs, Hold Me Tight®: Conversations for Connection, Creating Relationships that Last: A Conversation with Dr. Sue Johnson and A Facilitator's Guide To Leading Your Best Hold Me Tight® Workshop.

This book/program has been translated into Finnish, German, Hungarian and Swedish.

7. **Johnson, S.M.** (2008). Hold me tight: Seven conversations for a lifetime of love. New York, NY: Little Brown.

This book is available in the UK as the Hold Me Tight: Your Guide to the Most Successful Approach to Building Loving Relationships, has been translated into Chinese, Danish, Dutch, Finnish, French, German, Greek, Hungarian, Italian, Korean, Lithuanian, Norwegian, Polish, Portuguese, Spanish, Swedish and Taiwanese, and is currently in press in Czech, Japanese, Romanian, Russian, Slovenian and Turkish.

8. **Johnson, S.M.**, Bradley, B., Furrow, J., Lee, A., Palmer, G., Tilley, D., & Woolley, S. (2005). Becoming an Emotionally Focused Therapist: The Workbook. New York City, New York: Brunner Routledge.

This book has been translated into Russian and Turkish.

9. **Johnson, S. M.** (2004). The Practice of Emotionally Focused Couple Therapy: Creating Connection, 2nd edition. New York, NY: Brunner/Mazel (now Brunner /Routledge).

This book has been translated into Chinese (Simplified Characters), Chinese (Complex Characters), Dutch, Finnish, German, Hungarian, Italian, Korean, Russian, Spanish and Turkish.

10. **Johnson, S.M.** (2002). Emotionally Focused Couple Therapy with Trauma Survivors: Strengthening Attachment Bonds. New York, NY: Guilford Press.

This book has been translated into Dutch, Traditional Chinese and Italian.

11. Saxe, B. J., **Johnson, S. M.**, et al. (1994). From victim to survivor: A group treatment model for women survivors of incest. Government of Canada: Health Department. Distributed across Canada in French and English, pp.1-188.

12. Greenberg, L., & **Johnson, S.M.**, (1988). Emotionally Focused Therapy for Couples. New York: Guilford Press.

Books Edited:

1. Furrow, J., Bradley, B., & Johnson, S. (2011). The Emotionally Focused Casebook: New Directions in Treating Couples. New York, NY: Brunner/Routledge.

This book has been translated into Russian.

2. **Johnson, S. M.** & Whiffen, V. (2003) Attachment Processes in Couple and Family Therapy.

New York, NY: Guilford Press.

3. **Johnson, S. M.**, & Greenberg, L. S. (1994). The Heart of the Matter: Emotion in Marital Therapy. New York: Brunner/Mazel. Behavior Science Book Club Special Selection.

Chapters In Books:

1. Wiebe, Stephanie A. & **Johnson, Sue M.** (2018). "Emotionally Focused Couple Therapy." In J. Lebow, A. Chambers, D. Breunlin (Eds.), Encyclopedia of Couple and Family Therapy. Cham, Switzerland: Springer Science and Business Media.
2. Wiebe S.A., **Johnson S.M.** (2018). "Emotion in Couple and Family Therapy." In J. Lebow, A. Chambers, D. Breunlin (Eds.), Encyclopedia of Couple and Family Therapy. Cham, Switzerland: Springer Science and Business Media.
3. **Johnson S.M.** (2018). "Attachment Theory." In J. Lebow, A. Chambers, D. Breunlin (Eds.), Encyclopedia of Couple and Family Therapy. Cham, Switzerland: Springer Science and Business Media.
4. Wiebe S.A., **Johnson S.M.**, Kennedy N. (2018). "Hold Me Tight Enrichment Program." In J. Lebow, A. Chambers, D. Breunlin (Eds.), Encyclopedia of Couple and Family Therapy. Cham, Switzerland: Springer Science and Business Media.
5. Brubacher, L., & **Johnson, S.M.** (2018). "Deepening Emotional Experience and Restructuring the Bond in Emotionally Focused Couple Therapy." In J. Lebow, A. Chambers, D. Breunlin (Eds.), Encyclopedia of Couple and Family Therapy. Cham, Switzerland: Springer Science and Business Media.
6. Brubacher L., **Johnson S.M.** (2018). "Clarifying the Negative Cycle in Emotionally Focused Therapy." In J. Lebow, A. Chambers, D. Breunlin (Eds.), Encyclopedia of Couple and Family Therapy. Cham, Switzerland: Springer Science and Business Media.
7. **Johnson, S.M.** (2017). "Training Emotionally Focused Couples Therapists." In Jay Lebow, Anthony Chambers, & Douglas C. Breunlin (Eds.), Encyclopedia of Couple and Family Therapy, pp. 1-4. Cham, Switzerland: Springer Science and Business Media.
8. **Johnson, S.M.** (2017). "An Emotionally Focused Approach to Sex Therapy." In Zoe D. Peterson, The Wiley-Blackwell Handbook of Sex Therapy, pp. 250-266. Oxford, UK: Wiley-Blackwell.
9. Greenman, Paul S., Wiebe, Stephanie A., **Johnson, Susan M.** (2017). "Neurological Processes in Couple Relationships: Emotions, Attachment Bonds, and the Brain." In Jennifer Fitzgerald (Ed.), Foundations for Couples' Therapy: Research for the Real World, pp. 291-301. Abingdon, Oxon: Routledge.
10. Brubacher, L.L., & **Johnson, S.M.** (2017). "Romantic Love as an Attachment Process: Shaping Secure Bonds." In Jennifer Fitzgerald (Ed.), Foundations for Couples' Therapy:

Research for the Real World, pp. 8-19. Abingdon, Oxon: Routledge.

11. **Johnson, S.M.**, & Brubacher, L.L. (2016). "Clarifying the negative cycle in emotionally focused couple therapy (EFT)." In G. Weeks, S. Fife, & C. Peterson (Eds.), Techniques for the Couple Therapist: Essential interventions, pp.92-96. New York: Routledge.
12. **Johnson, S.M.**, & Brubacher, L.L. (2016). "Deepening attachment emotion in emotionally focused couple therapy (EFT)." In G. Weeks, S. Fife, & C. Peterson (Eds.), Techniques for the Couple Therapist: Essential interventions, pp. 155-160. New York: Routledge.
13. Brassard, A., **Johnson, S.M.** (2016). "Couple and Family Therapy: An Attachment Perspective." In Jude Cassidy and Phillip R. Shaver (Eds.), Handbook of Attachment, Third Edition: Theory, Research and Clinical Applications. New York: Guilford.
14. **Johnson, S.M.** & Brubacher, L.L. (2016). "Emotionally Focused Couples Therapy: Empiricism and Art." In T. Sexton & J. Lebow (Eds.), Handbook of Family Therapy, pp. 326-348. New York: Brunner/Routledge.
15. **Johnson, S.M.**, Lafontaine, M.F., & Dalglish, T.L. (2015). "Attachment — A Guide to a New Era of Couple Interventions." In Jeffrey A. Simpson, W. Steven Rholes (Eds.) Attachment Theory and Research : New Directions and Emerging Themes, pgs. 393-421. New York, NY: The Guilford Press.
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17. Fitzgerald, J., **Johnson, S.M.**, & Thomas, J. (2015). "Emotionally-Focused Therapy." In Robin L. Cautin & Scott O. Lilienfeld (Eds.), The Encyclopedia of Clinical Psychology. Malden, Oxford: John Wiley and Sons, Inc.
18. Mosers, B.M., & **Johnson, S.M.** (2014). "La integración de los enfoques systemic y humanista en la terapia de pareja focalizada en las emociones." In A. S. Segrera, J. H.D. Cornelius-White, M. Behr, & S. Lombardi (Eds.), Consultatorias y psicoterapias centradas en la persona y experienciales, pp. 291-312. Buenos Aires: Gran Aldea.
19. **Johnson, S.M.** & Rheem, K. (2012). "Surviving trauma: Strengthening couples through Emotionally Focused Therapy." In P. Noller & G. Karantzas (Eds.), The Wiley-Blackwell handbook of couple and family relationships: A Guide to contemporary research, theory, practice and policy, pp. 333-343. Chichester, UK: Blackwell Publishing Ltd.
20. Lebow, J.L., Chambers, A., Christensen, A., & **Johnson, S.M.** (2012). "Marital distress." In D. Sprenkle & R. Chenail (Eds.), Effectiveness research in marriage and family therapy: A decade review. Alexandria, VA: American Association of Marriage and Family Therapists.
21. **Johnson, S.M.** (2011). "The attachment perspective on the bonds of love: A prototype for relationship change." In J. Furrow, B. Bradley & S. Johnson (Eds.), The Emotionally

- Focused Casebook: New directions in treating couples, pp. 31-58. New York: Routledge/Taylor & Francis Group.
22. Namaan, S., Radwin, . & **Johnson, S.M.** (2011). "Emotionally focused couple therapy in chronic medical illness: Working in the aftermath of breast cancer." In J. Furrow, B. Bradley & S. Johnson (Eds.), The Emotionally Focused Casebook: New directions in treating couples, pp. 141-164. New York: Routledge/Taylor & Francis Group.
 23. **Johnson, S.**, & Faller, G. (2011). "Dancing with the dragon of trauma: EFT with couples who stand in harm's way." In J. Furrow, B. Bradley & S. Johnson (Eds.), The Emotionally Focused Casebook: New directions in treating couples, pp. 165-192. New York: Routledge/Taylor & Francis Group.
 24. Landau-North, M., **Johnson, S.M.** & Dagleish, T. (2011). "Emotionally focused couple therapy and addiction." In J. Furrow, B. Bradley & S. Johnson (Eds.), The Emotionally Focused Casebook: New directions in treating couples, pp. 193-218. New York: Routledge/Taylor & Francis Group.
 25. **Johnson, S.M.** & Zuccarini, D. (2011). "EFT for sexual issues: An integrated model of couple and sex therapy." In J. Furrow, S. Johnson & B. Bradley (Eds.), The Emotionally Focused Casebook, pp. 219-246. New York: Routledge/Taylor & Francis Group.
 26. Furrow, J., **Johnson, S.M.**, Bradley, B., & Amodeo, J. (2011). "Spirituality and emotionally focused couple therapy: Exploring common ground." In J. Furrow, S. Johnson & B. Bradley (Eds.), The Emotionally Focused Casebook: New directions in treating couples, pp. 343-372. New York: Routledge/Taylor & Francis Group.
 27. Greenman, P.S., Faller, G. & **Johnson, S.M.** (2011). "Finding the words: Working with men in emotionally focused therapy (EFT) for couples." In D. Shepard & M. Harway (Eds.), Engaging men in couples therapy: A gender sensitive approach, pp. 129-152. New York: Routledge/Taylor & Francis Group.
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 29. **Johnson, S.M.** (2009). "Emotionally focused couple therapy: It's all about emotion and connection." In M. Kerman (Ed.), Clinical pearls of wisdom: 21 Leading therapists offer their key insights, pp. 133-143. New York: W.W. Norton & Company.
 30. Greenman, P.S., Young, M.Y. & **Johnson, S.M.** (2009). "Emotionally focused couple therapy with intercultural couples." In M. Rastogi, & V. Thomas (Eds.), Multicultural couple therapy, pp. 143-166. Thousand Oaks, CA: SAGE Publications Ltd.
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- (Eds.), The healing power of emotion: Affective neuroscience, development & clinical practice, pp. 257-279. New York: W.W. Norton & Company.
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 35. **Johnson, S.M.** (2008). "Attachment theory and emotionally focused therapy for individuals and couples: Perfect partners." In J. Obegi & E. Berant (Eds.), Attachment theory and research in clinical work with adults, pp. 410– 433. New York: Guilford Press.
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 37. **Johnson, S.M.** (2008). "Couple and family therapy: An attachment perspective." In J. Cassidy & P.R. Shaver (Eds.), Handbook of attachment: Theory, research and clinical applications, 2nd Edition, pp. 811-832. New York: Guilford Press.
 38. Macintosh, H.B., Hall, J. & **Johnson, S.M.** (2007). "Forgive and forget: A comparison of emotionally focused and cognitive-behavioral models of forgiveness and intervention in the context of couple infidelity." In P.R. Peluso (Ed.), Infidelity: A practitioners guide to working with couples in crisis, pp.127-148. New York: Routledge/Taylor & Francis Group.
 39. Lafontaine, M.F., **Johnson, S.M.**, Gingras, N., & Denton, W. (2007). "Therapie de couples l'emotion." Dans J. Wright, S. Sabourin & Y. Lussier (Eds.) La Psychotherapie de couple: Un guide clinique, pp. 277-312. Sainte-Foy, Canada: Presse de l'Universite du Quebec.
 40. Macintosh, H.B., **Johnson, S.M.** & Lee, A. (2006). "Hanging on to a heartbeat: Emotionally focused therapy as a resource for couples dealing with the trauma of coronary heart disease." In E. Molinari, A. Compare & G. Parati (Eds.), Clinical psychology and heart disease, pp. 391-412. Milan, Italy: Springer.

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45. Bradley, B., & **Johnson, S.M.** (2005). "Task analysis of couple and family change events". In D. Sprenkle & F. Piercy (Eds.), Research methods in family therapy, 2nd Edition, pp. 254-271. New York: Guilford Press.
46. **Johnson, S.M.** (2004). "Attachment theory: A guide for healing couple relationships." In W.S. Rholes & J.A. Simpson (Eds.), Adult attachment: Theory, research and clinical implications, pp. 367-387. New York: Guilford Press.
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48. **Johnson, S.M.** (2004). "An antidote to post-traumatic stress disorder: The creation of secure attachment." In L. Atkinson & S. Goldberg, (Eds.), Attachment issues in psychopathology and intervention, pp. 207-228. Mahwah, NJ: Erlbaum.
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51. **Johnson, S.M.** (2003). "Attachment theory: A guide for couples therapy." In S. M. Johnson & V. Whiffen (Eds.), Attachment processes in couples and families, pp.103-123. New York: Guilford Press.
52. **Johnson, S.M.**, & Makinen, J. (2003). "Post-traumatic stress." In D.K. Snyder & M.A. Whisman (Eds.), Treating difficult couples, pp. 308-329. New York: Guilford Press.
53. **Johnson, S.M.** (2003). "Couples therapy research: Status and directions." In G.P. Sholevar (Ed.), Textbook of family and couples therapy: Clinical applications, pp. 797-820. Arlington, VA: American Psychiatric Publishing Inc. (APPI).

54. **Johnson, S. M.** (2003). "Introduction to attachment: A therapists guide to primary relationships and their renewal." In S.M. Johnson & V. Whiffen (Eds.), Attachment processes in couples and families, pp. 3-17. New York: Guilford Press.
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57. **Johnson, S.M.,** & Denton, W. (2002). "Emotionally focused couples therapy: Creating connection." In A.S. Gurman & N.S. Jacobson (Eds.), The clinical handbook of couple therapy, 3rd Edition, pp. 221-250. New York: Guilford Press.
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61. **Johnson, S.M.** & Sims, A. (2000). "Attachment theory: A map for couples therapy." In T. Levy (Ed.), Handbook of attachment interventions, pp. 169-191. San Diego, CA: Elsevier/Academic Press.
62. **Johnson, S.M.** (1999). "Emotionally focused couples therapy: Straight to the heart." In J. Donovan (Ed.), Short term couple therapy, pp.13-42. New York: Guilford Press.
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Papers In Refereed Journals:

1. **Johnson, S.M.** (2019). "Attachment in Action — Changing the face of 21st century couple therapy." Current Opinion in Psychology, 25, 101-104.
2. Kennedy, N.W., **Johnson, S.M.**, Wiebe, S.A., & Tasca, G.A. (In Press). "Conversations for Connection: An Outcome Assessment of the Hold Me Tight Relationship Education Program for Couples." Journal of Marital and Family Therapy.
3. Wiebe, S.A., Elliott, C., **Johnson, S.M.**, Burgess Moser, M., Dagleish, T L., Lafontaine, M-F. & Tasca, G.A. (In press). "Attachment & sexual satisfaction in Emotionally Focused Couple Therapy." Journal of Couple and Relationship Therapy.
4. **Johnson, S.M.**, Simakhodskaya, Z. & Moran, M. (2018). "Addressing Issues of Sexuality in Couples Therapy: Emotionally Focused Therapy Meets Sex Therapy." Current Sexual Health Reports, 10(2), 65-71.
5. Burgess Moser, M., **Johnson, S.M.**, Dagleish, T.L., Wiebe, S.A., & Tasca, G. (2017). "The impact of blamer-softening on romantic attachment in Emotionally Focused Couples Therapy." Journal of Marital and Family Therapy. Published online 17 Aug 2017. DOI: 10.1111/jmft.12284.
6. Wiebe, S.A., & **Johnson, S.M.** (2017) "Creating Relationships that Foster Resilience in Emotionally Focused Therapy." Current Opinion in Psychology, 13, 65-69.
7. **Johnson, S.M.** (2017). "The new era of couple therapy — Innovation Indeed." Person-Centered & Experiential Psychotherapies, 16(1), 39-49. Plenary address at 2016 New York PCEP Conference.
8. Allan, R., & **Johnson, S.M.** (2017). "Conceptual and application issues: Emotionally Focused Therapy with gay male couples." Journal of Couple & Relationship Therapy: Innovations in Clinical and Educational Interventions, 16(4), 286-305.
9. Wiebe, S., **Johnson, S.M.**, Burgess-Moser, M., Dagleish, T., Lafontaine, M., & Tasca, G. (2016). "Two-year follow-up outcomes in Emotionally Focused Couple Therapy: An investigation of relationship satisfaction and attachment trajectories." Journal of Marital and Family Therapy, 43(2), 227-244.

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12. Lafontaine, M.-F., Brassard, A., Lussier, Y., Valois, P., Shaver, P.R., **Johnson, S.M.** (2016). "Selecting the Best Items for a Short-Form of the Experiences in Close Relationships Questionnaire." European Journal of Psychological Assessment, 32(2), 140-154.
13. Burgess-Moser, M., **Johnson, S.M.**, Dagleish, T., Lafontaine, M., Wiebe, S., & Tasca, G. (2015). "Changes in relationship-specific romantic attachment in Emotionally Focused Couple Therapy." Journal of Marital and Family Therapy, 42(2), 231-245.
14. Dagleish, T., **Johnson, S.M.**, Burgess Moser, M., Wiebe, S.A. & Tasca, G. (2015). "Predicting key change events in Emotionally Focused Couple Therapy." Journal of Marital and Family Therapy, 41(3), 260-275.
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16. McRae, T.R., Dagleish, T.L., **Johnson, S.M.**, Burgess Moser, M., & Killian, K.D. (2014). "Emotion regulation and key change events in emotionally focused couple therapy." Journal of Couple and Relationship Therapy, 13(1), 1-24.
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19. Greenman, P., & **Johnson, S.** (2013). "Process Research on EFT for Couples: Linking Theory to Practice." Family Process, Special Issue: Couple Therapy, 52(1), 46-61.
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